



# Little Red Farm

## N U R S E R Y



### Garden Heliotrope

*Heliotropium arborescens*

Height: 18 inches

Spread: 18 inches

Spacing: 15 inches

Sunlight:

Hardiness Zone: 9b

Other Names: Cherry Pie Plant



*Garden Heliotrope flowers*  
Photo courtesy of NetPS Plant Finder

#### Description:

Sweet fragrant clusters of purple, white or blue flowers are featured on lush upright mounded plants with deeply veined, dark green leaves; excellent in borders, beds and containers; adaptable as a houseplant; deadhead to encourage new blooms

#### Ornamental Features

Garden Heliotrope has masses of beautiful clusters of fragrant purple flowers at the ends of the stems from late spring to early fall, which are most effective when planted in groupings. Its textured pointy leaves remain green in color throughout the season.

#### Landscape Attributes

Garden Heliotrope is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep. Trim off the flower heads after they fade and die to encourage more blooms late into the season. It is a good choice for attracting bees and butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Garden Heliotrope is recommended for the following landscape applications;

- Mass Planting
- Border Edging
- General Garden Use
- Container Planting
- Hanging Baskets



### **Planting & Growing**

Garden Heliotrope will grow to be about 18 inches tall at maturity, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 15 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 5 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It requires an evenly moist well-drained soil for optimal growth, but will die in standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone in winter to protect it in exposed locations or colder microclimates. This species is not originally from North America, and parts of it are known to be toxic to humans and animals, so care should be exercised in planting it around children and pets.

Garden Heliotrope is a fine choice for the garden, but it is also a good selection for planting in outdoor containers and hanging baskets. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.